

# Home Page

**QUESTIONS? COMMENTS? SUGGESTIONS?**

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# Cooking Conversion Chart

## Cup to Fluid Ounces



1 cup = 8 fl ounces

$\frac{3}{4}$  cup = 6 fl ounces

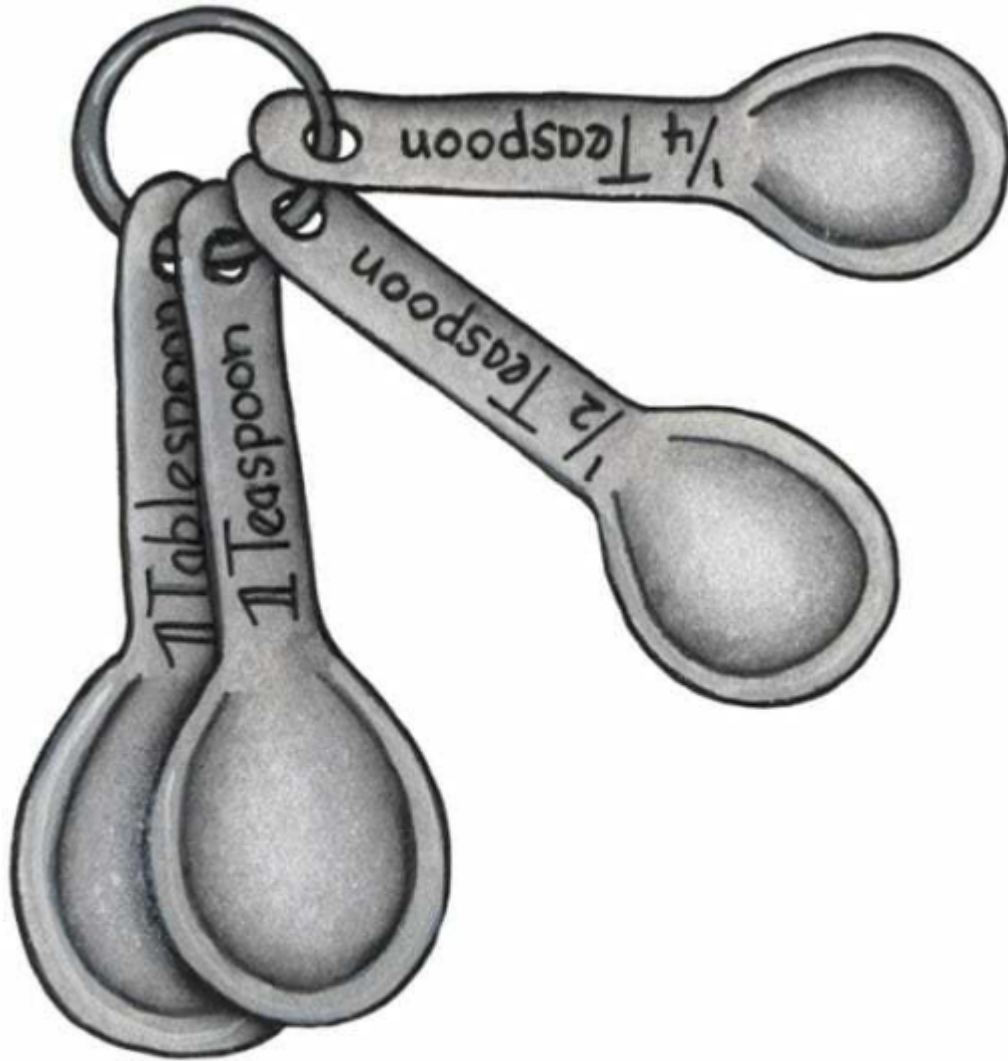
$\frac{2}{3}$  cup = 5 fl ounces

$\frac{1}{2}$  cup = 4 fl ounces

$\frac{1}{3}$  cup = 3 fl ounces

$\frac{1}{4}$  cup = 2 fl ounces

## Cup to Tablespoon to Teaspoon to Milliliters



1 cup = 16 Tbsp = 48 tsp = 240 ml  
3/4 cup = 12 Tbsp = 36 tsp = 180 ml  
2/3 cup = 11 Tbsp = 32 tsp = 160 ml  
1/2 cup = 8 Tbsp = 24 tsp = 120 ml  
1/3 cup = 5 Tbsp = 16 tsp = 80 ml  
1/4 cup = 4 Tbsp = 12 tsp = 60 ml  
1 Tbsp = 15 ml  
1 tsp = 5 ml

*how to*

## CUT A RECIPE IN HALF

Original Recipe

Half Recipe



3/4  
Cup



6  
TBSP



2/3  
Cup



1/3  
Cup



1/2  
Cup



1/4  
Cup



1/3  
Cup



2 TSP  
2 TBSP



1/4  
Cup



2  
TBSP



1  
TBSP



1 1/2  
TSP